



# Regence

Regence BlueCross BlueShield of Oregon is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueCross BlueShield of Oregon  
100 SW Market Street  
Portland, Oregon 97207-1271  
Mail form to: PO Box 1106, MS-LB1  
Lewiston, ID 83501

## Individual Application

Please read carefully and make sure all sections of the application are answered completely. Use ink to complete, sign and date the application to avoid having it returned to you.

### SECTION 1 - ELIGIBLE TO APPLY FOR COVERAGE?

1. If you are currently eligible for Medicare, or will be on the requested effective date of coverage for which you are applying, you are not eligible for private individual or family health coverage and should not fill out this application.
2. **You must be a permanent Oregon resident.** A photocopy of a valid Oregon state driver's license, identification card, or similar proof of residency acceptable to Regence BlueCross BlueShield of Oregon (Regence) may be requested.

For more information please contact your producer or call our Sales department toll-free at 1-888-REGENCE (1-888-734-3623).

### SECTION 2 - EFFECTIVE DATE

Your application is subject to review and approval by Regence. Complete applications received in our office by 5:00 PM Pacific Time on the last business day of the month will be eligible for an effective date of the first of the following month, unless otherwise indicated. Incomplete applications may receive a later effective date.

Requested Effective Date \_\_\_\_\_

### SECTION 3 - TYPE OF APPLICATION (check one)

- New enrollment** (applying to become a new Regence member)
- Addition of a spouse/domestic partner and/or child to my existing policy**
- Change to existing individual plan or deductible** (existing Regence member applying to change benefit plans)

**Note:** Your policy must be paid current in order for a plan change to be made. If your policy cancels due to non-payment, you will need to reapply by submitting a new Individual Application.

### SECTION 4 - ENROLLMENT INFORMATION

List all eligible family members to be covered. Eligible family members include a spouse/domestic partner, and/or any child who is under age 26 or who is medically certified as disabled. Copy of certification required.

Last Name	First Name, MI	Relationship to Subscriber	Gender	Age	Height	Weight	Birthdate	Social Security Number
		<b>Subscriber</b>						
		<input type="checkbox"/> Spouse <input type="checkbox"/> Certified Domestic Partner <input type="checkbox"/> Non-Certified Domestic Partner*						

\*Non-Certified Domestic Partners must submit an Affidavit of Domestic Partnership



**SECTION 5 - ADDRESS AND PHONE NUMBER**

Residence Street Address		Mailing Address (if different than residence street address)	
City, State, ZIP Code	County	E-Mail Address (will not be disclosed outside of the company)	
Home Phone Number (        )	Cell Phone Number (        )	Work Phone Number (        )	

**SECTION 6 - MEMBER CARD (check one)**

- Family Level Card** (all members listed on the same card)  
 **Member Level Card** (each member on a separate card)

**SECTION 7 - PLAN SELECTION (Detailed benefit information can be found online at regence.com)****MEDICAL PLANS (check one):****Evolve Core**

Deductibles are per member (family deductible is three times the individual amount)

- \$2,500     \$5,000     \$7,500     \$10,000

**Evolve HSA**

## Self-Only Deductibles

- \$1,500 with 50% coinsurance  
 \$1,500 with 80% coinsurance  
 \$3,500 with 50% coinsurance  
 \$3,500 with 80% coinsurance

## Family Deductibles

- \$3,000 with 50% coinsurance  
 \$3,000 with 80% coinsurance  
 \$7,000 with 50% coinsurance  
 \$7,000 with 80% coinsurance

**Evolve HSA 100**

- \$5,000 self-only deductible     \$10,000 family deductible

**NETWORK OPTIONS: Applicants who reside in the Portland Metropolitan Area (Clackamas, Multnomah, Washington, and Yamhill Counties) must select one of the following Network Options. (Anyone outside the Portland Metropolitan Area will remain on the PPO network)**

- Oregon Select Tuality     Oregon Select Adventist Health     Oregon Select Providence  
 Oregon Select OHSU     Oregon Select Legacy Health

**DENTAL OPTIONS (check one)**

- No Dental**  
 **Dental Option 1** - 100/80/50; \$750 annual maximum benefit that may increase over time to \$1,500  
 **Dental Option 2** - 100% of first \$200 and 50% of next \$1,100 (\$750 annual maximum benefit)




**SECTION 8 - OTHER COVERAGE INFORMATION**

1. Do you or any family members have other active health or medical coverage?.....  Yes  No  
 If yes, do you intend to replace your current plan with this contract?.....  Yes  No
2. Do you or any family members work for an employer who offers health benefits to employees?.....  Yes  No  
 Are you or any family members enrolled?.....  Yes  No  
 If no, why? \_\_\_\_\_
3. Are you currently enrolled in an Regence Individual medical plan and wish to cancel that coverage?.....  Yes  No

**If you answered yes, please sign the statement below:**

I wish to terminate my current individual medical coverage from Regence on the effective date of this new individual policy.

Signature  \_\_\_\_\_ Date \_\_\_\_\_

Regence Individual Plans contain a 6-month pre-existing condition limitation period. The pre-existing waiting period may not apply to any members under the age of 19. Please provide the following information for all applicants, and attach a copy of your Certificate of Coverage from your current or prior carrier or a similar document showing the beginning and ending dates of your current coverage, if applicable. If current coverage is still active, the Certificate of Coverage can be provided at a later date.

Name (First, Last)	Insurance Company	Policy Number	Dates of Coverage		Type of Coverage
			Date Coverage Began mm/dd/yyyy	Date Coverage Ended (indicate active if you are currently covered) mm/dd/yyyy	
					<ul style="list-style-type: none"> <li>◆ Employer Group</li> <li>◆ Individual</li> <li>◆ Medicare</li> <li>◆ COBRA</li> <li>◆ High Risk Pool</li> <li>◆ Other (describe)</li> </ul>
1.					
2.					
3.					



**SECTION 9 - OREGON STANDARD HEALTH STATEMENT**

**Notice to Applicant:** You are not required to disclose any information on any part of this application about genetic testing or genetic information relating to you or to any blood relative. You are not required to disclose any decision by an insurance company that is based on a genetic test or on genetic information.

Regence may review its claims history for the last five years for anyone who has had insurance with Regence during that time. List the names and Regence identification numbers of anyone on this application who has had insurance with Regence during the last five years. \_\_\_\_\_

Has any insurance company, within the last five years declined, postponed, refused, restricted or increased premium for health reasons for life or health insurance coverage for anyone who is listed on this application? .....  Yes  No

If "yes", indicate name of person affected, reason for action, and name of insurance company \_\_\_\_\_

Please mark "Yes" or "No" for each item (for you and any family members.) Provide details on Page 6 to any questions answered "Yes." **(For the purpose of these questions, chronic means persistent, continuous, periodic, or a combination of any of these terms.)**

Within the last five years, has anyone listed on this application had any medical advice, diagnosis, care, or treatment, including prescribed medications, recommended or received from a licensed health care professional; or had any illness, ailment, injury, health problem, symptoms, physical impairment, surgery or hospital confinement related to any of the following conditions:

	Yes	No		Yes	No
1. AIDS, ARC, HIV positive.....	<input type="checkbox"/>	<input type="checkbox"/>	26. High cholesterol (if "Yes", record last reading on page 6).....	<input type="checkbox"/>	<input type="checkbox"/>
2. Alcohol/chemical/drug abuse/habit.....	<input type="checkbox"/>	<input type="checkbox"/>	27. High blood pressure (if "Yes", record last reading on page 6).....	<input type="checkbox"/>	<input type="checkbox"/>
3. Anemia/chronic fatigue.....	<input type="checkbox"/>	<input type="checkbox"/>	28. Kidney/kidney stones.....	<input type="checkbox"/>	<input type="checkbox"/>
4. Appendicitis/chronic abdominal pain.....	<input type="checkbox"/>	<input type="checkbox"/>	29. Knee/shoulder/hip/other joints.....	<input type="checkbox"/>	<input type="checkbox"/>
5. Back/neck/spine.....	<input type="checkbox"/>	<input type="checkbox"/>	30. Liver condition/hepatitis.....	<input type="checkbox"/>	<input type="checkbox"/>
6. Birth defect/congenital deformities.....	<input type="checkbox"/>	<input type="checkbox"/>	31. Lupus, chronic muscle pain, muscle injury or disease, or fibromyalgia.....	<input type="checkbox"/>	<input type="checkbox"/>
7. Bladder/urinary tract.....	<input type="checkbox"/>	<input type="checkbox"/>	32a. Mental/emotional condition/depression.....	<input type="checkbox"/>	<input type="checkbox"/>
8. Blood/circulatory.....	<input type="checkbox"/>	<input type="checkbox"/>	32b. Therapy/counseling within last 5 years (if "Yes", record date of last session on page 6).....	<input type="checkbox"/>	<input type="checkbox"/>
9. Bone/orthopedic.....	<input type="checkbox"/>	<input type="checkbox"/>	33. Neurological condition/disease/injury.....	<input type="checkbox"/>	<input type="checkbox"/>
10. Brain disease or injury/concussion.....	<input type="checkbox"/>	<input type="checkbox"/>	34. Phlebitis/blood clot.....	<input type="checkbox"/>	<input type="checkbox"/>
11. Breast (lumps or masses).....	<input type="checkbox"/>	<input type="checkbox"/>	35. Osteoarthritis/osteoporosis/osteopenia.....	<input type="checkbox"/>	<input type="checkbox"/>
12. Cancer.....	<input type="checkbox"/>	<input type="checkbox"/>	36. Prostate/elevated PSA/prostatitis.....	<input type="checkbox"/>	<input type="checkbox"/>
13. Chemotherapy/radiation treatment.....	<input type="checkbox"/>	<input type="checkbox"/>	37. Reproductive system disorder/infertility.....	<input type="checkbox"/>	<input type="checkbox"/>
14a. Colon/rectum/intestine/bowel.....	<input type="checkbox"/>	<input type="checkbox"/>	38. Chronic respiratory/lung condition.....	<input type="checkbox"/>	<input type="checkbox"/>
14b. Blood in stool.....	<input type="checkbox"/>	<input type="checkbox"/>	39. Rheumatoid arthritis.....	<input type="checkbox"/>	<input type="checkbox"/>
15. Convulsion/seizures/epilepsy.....	<input type="checkbox"/>	<input type="checkbox"/>	40. Sexually transmitted disease(s).....	<input type="checkbox"/>	<input type="checkbox"/>
16. Diabetes/sugar in urine.....	<input type="checkbox"/>	<input type="checkbox"/>	41. Skin condition, abnormal or cancerous moles or eczema/cysts/cancer.....	<input type="checkbox"/>	<input type="checkbox"/>
17. Chronic ear/nose/throat/tonsil condition/disease/disorder.....	<input type="checkbox"/>	<input type="checkbox"/>	42. Sleep apnea/chronic sleep disorder.....	<input type="checkbox"/>	<input type="checkbox"/>
18. Eating disorders such as, but not limited to, anorexia or bulimia.....	<input type="checkbox"/>	<input type="checkbox"/>	43. Stomach disorders/ulcer/acid reflux.....	<input type="checkbox"/>	<input type="checkbox"/>
19. Emphysema/asthma/chronic lung disease (COPD).....	<input type="checkbox"/>	<input type="checkbox"/>	44. Stroke/paralysis/seizures.....	<input type="checkbox"/>	<input type="checkbox"/>
20. Endocrine/gland/hormone system.....	<input type="checkbox"/>	<input type="checkbox"/>	45. Tumors.....	<input type="checkbox"/>	<input type="checkbox"/>
21. Disease or injury of eye/cataract/glaucoma.....	<input type="checkbox"/>	<input type="checkbox"/>	46. TMJ/jaw joint.....	<input type="checkbox"/>	<input type="checkbox"/>
22. Gallbladder/pancreatic disease.....	<input type="checkbox"/>	<input type="checkbox"/>	47. Weight fluctuation (+/-20 lbs.).....	<input type="checkbox"/>	<input type="checkbox"/>
23. Chronic headaches/migraines.....	<input type="checkbox"/>	<input type="checkbox"/>	48. Cosmetic surgery/implants, use of prosthetic devices/limbs.....	<input type="checkbox"/>	<input type="checkbox"/>
24. Heart/chest pain/angina.....	<input type="checkbox"/>	<input type="checkbox"/>			
25. Hernia.....	<input type="checkbox"/>	<input type="checkbox"/>			



**SECTION 9 - OREGON STANDARD HEALTH STATEMENT (continued)**

49. Has any person on this application used tobacco products in any form within the last 5 years? ..... **Yes No**

**If "yes"** Name \_\_\_\_\_ type of product \_\_\_\_\_

Name \_\_\_\_\_ type of product \_\_\_\_\_

Name \_\_\_\_\_ type of product \_\_\_\_\_

50. Please provide the following information for each female on this application:

<b>Family Member Name(s):</b>				
a. Initial menstrual cycle begun?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
b. Date of last menstrual period. mm/dd/yyyy				
c. If (b) is more than 35 days ago, please explain:				
d. Excessive or absent menstrual bleeding?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
e. If (d) is yes, please explain:				
Date of last DEPO Provera shot? mm/dd/yyyy				
Abnormal Pap smears?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Prior Cesarean section or miscarriage?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

51. Is any person on this application now pregnant? .....  Yes  No

**If "yes"** Name \_\_\_\_\_ Due date \_\_\_\_/\_\_\_\_/\_\_\_\_

52. Is any person on this application, including male applicants and dependent males or females, responsible for a current pregnancy? .....  Yes  No

**If "yes"** Name \_\_\_\_\_ Due date \_\_\_\_/\_\_\_\_/\_\_\_\_

53. Please provide the following information for each person on this application. Within the last five years, has any person on this application:

a. Had any medical advice, diagnosis, care or treatment, including prescribed medications, recommended or received from a licensed health care professional, or had any illness, ailment, injury, health problem, symptoms, physical impairment, surgery or hospital confinement not listed on page 4 & 5? .....  Yes  No

b. Had chronic cough, fatigue, diarrhea, or enlarged glands? .....  Yes  No

c. Been advised to have or contemplated having an operation or medical procedure not yet performed? .....  Yes  No

d. Been scheduled to see a health care provider? .....  Yes  No

e. Taken any prescription medication on a regular basis? .....  Yes  No



**SECTION 9 - OREGON STANDARD HEALTH STATEMENT (continued)**

54. List all medications currently being taken by any person on this application:

Name	Medications (frequency & dosage REQUIRED)	Prescribed by (name/address/telephone number)	Date prescribed

Please provide specific details below to each question answered "yes" on pages 4 & 5. Include insured/applicant's name; the number of the question to which you answered "yes"; the condition, treatment and date; the result of treatment, including any medications; and the name, address and telephone number of the attending physician, other health care provider, or clinic/hospital.

**HEALTH HISTORY DETAILS**

Name	Question Number	Start to end dates	Condition	Treatment including medications	Final result Ongoing or Resolved Please check	Attending physician/health care provider or hospital (name/address/telephone)
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	
					<input type="checkbox"/> Ongoing <input type="checkbox"/> Resolved	

Attach additional pages if necessary.  I have attached \_\_\_\_\_ page(s).

**Name, address, and telephone number of medical provider(s) with current medical record/history:**

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## SECTION 12 - CONSENT TO ELECTRONIC DISTRIBUTION

Regence is engaged in efforts to increase the use of technology and curb the use of paper. In support of those efforts, Regence has established a process under which communications to members can be posted to a secured account that a member establishes on myRegence.com, with e-mail notice provided to a member-supplied e-mail account when a new communication is posted.

By my signature and unless I have expressly rejected electronic distribution by marking the checkbox below, I consent, on behalf of myself and any covered dependents, to the electronic distribution of communications related to the coverage applied for and understand that:

- ◆ To access electronically distributed communications, I and each of my covered dependents will need to establish myRegence.com accounts for use on a system meeting the outlined requirements and I represent that we each have and will continue to have access to such a system or systems.
- ◆ Not all member communications are currently available electronically, but agree that my consent will apply to the following materials available, or as they become available, for electronic distribution, (i) notices of enrollment and/or effective date, (ii) acknowledgements of receipt of claims, requests for additional information related to claims and notices of associated delays in processing, and determinations on submitted claims, (iii) general informational disclosures required by law, including but not limited to notices of rights under the Women's Health and Cancer Rights Act, state patient protection acts, and privacy laws, (iv) communications regarding complaints, grievances, or appeals, including but not limited to acknowledgements of receipt, requests for additional information and notices of associated delays, and notices of determinations, (v) summaries of benefits and coverage and uniform glossary of terms, (vi) notices of benefit changes or policy modifications, (vii) renewal information, (viii) notices of discontinuation, (ix) notices of termination and continuation coverage rights, (x) certificates of creditable coverage, (xi) billing notices and statements.
- ◆ Until a type of communication can be distributed electronically, a paper copy will be provided.
- ◆ Once available in electronic form, any electronically distributed communications may be printed from the myRegence.com account where they are posted, or a paper copy of any particular communication may be requested at any time using myRegence.com or by contacting Regence Customer Service at the number provided on my ID card.
- ◆ I may change the e-mail address for receipt of notice of electronic distributions or withdraw consent (returning to paper distribution) at any time and without charge using myRegence.com or by contacting Regence Customer Service as described in the previous bullet.

The e-mail address for receipt of notice of electronic distributions is \_\_\_\_\_

- I do not want electronic distribution. Unless my consent is not required for an electronic distribution, I elect to receive communications related to this coverage in a paper format.



**SECTION 13 - CERTIFICATION, AUTHORIZATION AND SIGNATURE**

Be sure to **sign** and **date** this application. Spouse/Domestic Partner and/or child's (age 18-25) signature is required, if applicable. Signature applies to both "Certification of Completion and Correctness" and "Authorization for Use and Disclosure of Protected Health Information".

**Certification of Completion and Correctness**

I affirm that the answers given in this application are complete and correct. I have provided these answers as part of the application procedure required by Regence to enroll in its insurance coverage. I understand that if this application contains any intentional misrepresentations of material fact, Regence may, within the first two years of coverage, deny coverage, modify or cancel the contract, or take other legal action. I further understand that if the misrepresentation amounts to fraud, Regence may deny coverage, modify or cancel the contract, or take other legal action even after the first two years of coverage. I will promptly inform Regence in writing if anything happens before my coverage takes effect that makes the information I have provided on this application incomplete or incorrect. I understand and agree that no coverage shall be in force until approved by Regence. If approved, coverage will be in force as of the effective date determined by Regence. Regence may contact me to clarify answers on this application. As the applicant, I understand I have the right to inspect the information in my file. I further affirm that I received a disclosure statement from Regence or its authorized insurance producer.

**Authorization for Use and Disclosure of Protected Health Information**

I acknowledge and understand my health plan may request or disclose health information about me or my dependents (persons who are listed for benefits coverage on the application form) from time to time for the purpose of facilitating health care treatment, payment or for the purpose of business operations necessary to administer health care benefits, or as required by law.

Health information requested or disclosed may be related to treatment or services performed by:

- ◆ a physician, dentist, pharmacist or other physical or behavioral health care practitioner;
- ◆ a clinic, hospital, long-term care or other medical facility;
- ◆ any other institution providing care, treatment, consultation, pharmaceuticals or supplies, or;
- ◆ an insurance carrier or health plan.

Health information requested or disclosed may include, but is not limited to: claims records, correspondence, medical records, billing statements, diagnostic imaging reports, laboratory reports, dental records, or hospital records (including nursing records and progress notes). **This authorization may not be used for psychotherapy notes** (notes recorded and separately maintained by a mental health professional documenting or analyzing the contents of a conversation during a counseling session). A separate authorization will be required.

\* For more information about such uses and disclosures, including uses and disclosures required by law, please refer to the Regence Consumer Privacy Notice. A copy is available on our Web site at **regence.com** or by telephone request at **1 (800) 365-3155**.

**SIGNATURES**

Signature of applicant, parent or legal guardian if applicant is under 18 years of age or legally incompetent *	Relationship	Date
<b>X</b>		
Signature of applicant's legal spouse or eligible domestic partner *		Date
<b>X</b>		
Signature of child between 18 and 25 years of age *		Date
<b>X</b>		
Signature of child between 18 and 25 years of age *		Date
<b>X</b>		

**\* If signature by a personal representative of the member/enrollee please complete the following:**

Personal Representative's Name (please print) \_\_\_\_\_  
 Relationship to Individual \_\_\_\_\_ (Attach legal documentation if other than parent of a minor child)  
 If additional health information is required to qualify you or a family member for coverage, we may send you a separate authorization form for the purpose of obtaining medical information.

